

Frum Minimalism Pre-Pesach Decluttering Challenge!

Whether you're new to decluttering or an advanced Frum Minimalist (having already completed our Minimalist Makeover course), this challenge is designed to help you reclaim your space at a pace that works for you.

But wait!!! This challenge gets even better!

Join our **exclusive WhatsApp group** for only \$5/month!

- Daily motivation & accountability
- Fun, active community of like-minded women
- Real progress—together!

For just \$5 a month (seriously, that's like one coffee!), you'll get the support, inspiration, and push you need to finally declutter! It's a no-brainer!

Click below to join the group NOW! 🔥

<https://www.frumminimalism.com/product-page/whatsapp-group-chat>

PS: This PDF is strictly for subscribers only—please don't forward it. But you *can* tell your friends about it, and have them sign up so they can join the challenge too! Here's the link to share with them:

<https://www.frumminimalism.com/pre-pesachchallenge>

How It Works:

- **Flexible Pace:**

- Follow the 6-Area (42-Spaces) layout. You can do it in 42 Days, but I highly recommend doing at least a few spaces each day.

- **Daily Goal:**

- Aim to clear at least **one shopping bag** of clutter each day (or one per week if you have already been through my course).

- **Advanced Students:** If you're already a Frum Minimalist and don't have a full bag to remove, consider:

- **Deep Cleaning/ Maintenance Mode:** Use this challenge as a refresher to keep your space clean, organized and decluttered fully.

Remember:

Decluttering isn't about perfection—it's about progress. And of course, feel free to customize challenge to suit your needs.

Challenge Overview

Area 1: Bathrooms & Linen Closet

- **Space 1:** Declutter, clean and organize all expired medications, toiletries, and cosmetics.
- **Space 2:** Declutter, clean and organize the under-sink cabinet & drawers.
- **Space 3:** Sort towels & washcloths.
- **Space 4:** Declutter and clean showers, bath toys, caddies, loofahs, and half-used products.
- **Space 5:** Declutter cleaning supplies (ditch duplicates & empty bottles).
- **Space 6:** Declutter extra bedding, blankets, and pillowcases.
- **Space 7:** Write and hang up a bathroom rules list.

Area 2: Dining Room & Living Room

- **Space 8:** Go through and declutter your benchers, napkin holders, and Havdalah things.
- **Space 9:** Declutter the Clear China cabinet & serving dishes—keep only what you use.
- **Space 10:** Organize sideboards, drawers & other dining storage.
- **Space 11:** Declutter books, magazines & newspapers.
- **Space 12:** Declutter outdated DVDs, CDs, and electronics.
- **Space 13:** Declutter decor items (only keep what you truly love).

- **Space 14:** Declutter games, puzzles, and craft supplies.

Area 3: Kitchen & Pantry

- **Space 15:** Go through and declutter food & spices.
- **Space 16:** declutter your bottom cabinets. (Don't do junk drawer yet.)
- **Space 17:** Declutter your upper cabinets
- **Space 18:** Find new homes for everything on your counters
- **Space 19:** Simplify and declutter even more- yes you can!
- **Space 20:** Tackle the junk drawer.
- **Space 21:** Clean out the fridge & freezer—remove old, unused items.

Area 4: Master Bedroom & Clothing

- **Space 22:** Sort tops, sweaters, and t-shirts.
- **Space 23:** Declutter skirts, and dresses.
- **Space 24:** Organize shoes & accessories (purses, belts, scarves).
- **Space 25:** Declutter and tidy up pajamas, undergarments & socks.
- **Space 26:** Reassess jewelry & sentimental items (keep only what's special).
- **Space 27:** declutter décor and throw pillows.

- **Space 28:** Clear all surfaces, and declutter nightstands, dressers & miscellaneous bedroom clutter.

Area 5: Kids' Bedrooms & Toys

- **Space 29:** Declutter kids' clothing (outgrown, stained, or never worn).
- **Space 30:** Sort through pajamas, undergarments, & shoes.
- **Space 31:** Organize books, puzzles, and board games.
- **Space 32:** Curate school supplies & artwork (keep only the best).
- **Space 33:** Sort through stuffed animals & other sentimental items (set limits-clearly defined space).
- **Space 34:** Create and implement organizing systems (labels, bins).
- **Space 35:** write/type up a list of rules for the children's spaces

Area 6: Storage Areas & Final Touches

- **Space 36:** Declutter the garage & shed (tools, outdoor gear, miscellaneous items).
- **Space 37:** Organize the basement & attic (seasonal decor, keepsakes).
- **Space 38:** Clear out suitcases, bags, and travel accessories.

- **Space 39:** Tidy up back deck, garden, front porch and outdoor spaces.
- **Space 40:** Sort through paper clutter & sentimental storage (photos, letters).
- **Space 41:** Address any miscellaneous clutter that hasn't been covered.
- **Space 42:** Do a final walk-through & touch up any areas.

Final Motivation & Next Steps

• **Label and Lists:**

If you've been to any of my classes or courses, you *know* how obsessed I am with labeling everything.

It's not just about organization—it actually *does something to the brain!*

Even if you're in a home with only adults, clear labels make a huge difference.

If you have kids or cleaning help, consider using photos as labels—they work like magic!

I'm also *super duper* passionate about hanging up rules for how to use each space.

I have lists everywhere—bathrooms, the toy area, kids' rooms, the fridge, the freezer... you name it!

These lists clearly tell everyone what I expect them to do to keep things clean, tidy, and respectful to the family.

At first, I kept these lists in full view so my kids could really get what I expected from them.

Once they got the hang of it, I put them inside cabinet doors... to avoid visual clutter.

Try it, and you'll see—labels and lists change everything!

- **Custom Pace:**

Whether you choose to do one task a day or power through in just a few days—don't forget to include me in the journey!

- **Documentation:**

Super Important: Snap before-and-after photos each week to celebrate your progress and share with me and/or on the chat!

- **Stay Inspired:**

Use this challenge as both a starting point and a refresher. Even advanced Frum Minimalists can benefit from revisiting each zone to maintain a clutter-free home.

Let's get moving—happy decluttering!

Ellie