



# 100 Things to Declutter Right Now

Simplify your life and create more space.

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## **Bedrooms:**

1. Clothes that no longer fit or are out of style
2. Old and worn-out pajamas
3. Unused or broken jewelry
4. Damaged or mismatched socks
5. Uncomfortable or worn-out pillows
6. Unused bed linens
7. Outdated makeup and beauty products
8. Old and worn-out slippers
9. Broken or unused accessories (e.g., belts)
10. Old and worn-out handbags
11. Expired cosmetics and skincare products
12. Unwanted or unused gifts
13. Old and damaged umbrellas
14. Clothing with stains or holes
15. Items that haven't been worn in over a year
16. Out-of-season clothing
17. Uncomfortable or ill-fitting shoes



### Kids' Stuff:

1. Outgrown clothing and shoes
2. Broken or unused toys
3. Damaged or outdated school supplies
4. Worn-out backpacks
5. Outgrown baby gear
6. Expired car seats
7. Noisy toys that you can not stand
8. Worn out shoes
9. Old coats



### **Bathroom:**

1. Expired or unused toiletries
2. Old and worn-out towels
3. Empty or near-empty product bottles
4. Unused or expired medications
5. Old toothbrushes
6. Broken or unused hair accessories
7. Expired sunscreen
8. Outdated cleaning supplies
9. Unused or expired medications
10. Old or mouldy bath toys



### **Office/ Study:**

1. Old and irrelevant paperwork
2. Unused notebooks and planners
3. Broken or outdated office supplies
4. Outdated technology (e.g., old laptops)
5. Old and unused pens
6. Expired coupons and vouchers

### **Finances:**

1. Old receipts and invoices
2. Expired coupons
3. Unnecessary credit cards
4. Outdated budget plans
5. Unused or expired gift cards



### **Car:**

1. Empty water bottles and trash
2. Old maps and outdated travel guides
3. Unused car accessories
4. Old registration and insurance documents
5. Unneeded baby car seats or boosters
6. Unused air fresheners

### **Home Maintenance:**

1. Broken or unused tools
2. Expired fire extinguishers and smoke detectors
3. Outdated or unused paint and supplies
4. Broken or inefficient home appliances



### **Kitchen:**

1. Duplicate kitchen tools and gadgets
2. Outdated spices and herbs
3. Expired condiments and sauces
4. Unused or broken travel mugs
5. Old and mismatched food storage containers
6. Expired pantry items
7. Single use items
8. Broken or unused kitchen appliances
9. Broken or chipped dishes and cups
10. Single-use plastic utensils and containers
11. Excess coffee mugs
12. Tiny pots no one uses
13. Small Tea Cups your Corelle set came with



### **Time Management:**

1. Unnecessary commitments and obligations
2. Time-consuming or unproductive habits
3. Procrastination-inducing items (e.g., clutter)
4. Old and unused planners

### **Self-Care:**

1. Unhealthy snacks and foods
2. Unused or expired vitamins and supplements
3. Broken or ineffective exercise equipment
4. Uncomfortable or worn-out workout clothes
5. Old and worn-out personal care items (e.g., hairbrushes)

### **Relationships:**

1. Toxic or negative relationships
2. Unhealthy social media connections
3. Unresolved conflicts
4. Unnecessary social commitments